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# KATY TRAIL WEEKLY

## UNIVERSITY PARK

### SMU president promises 'new era of excellence'

By Megan Jacob  
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SMU is ready to accelerate excellence and become a leading research and teaching university, newly installed President Jay Hartzell said in his inaugural address on September 12 at Moody Coliseum. Hartzell succeeds R. Gerald Turner, who served as SMU's president for 30 years.

To a crowd of more than 1,000 SMU and Dallas community members, as well as leaders from across academia and the nation, Hartzell emphasized accelerating SMU's academic ascent and growing the University's regard nationally and internationally. He encouraged the SMU community to seize the extraordinary momentum happening at the University — attracting more top students, recruiting more leading teaching and research faculty and insisting on the highest standards across the board.

"This is our moment to reimagine what is and what can be possible for



New SMU President Jay Hartzell was inaugurated on September 12 at Moody Coliseum.

SMU, and for each of our students," Hartzell said. "To dramatically accelerate our academic, research and athletic ascent. To challenge the future, provide our graduates with unparalleled lifetime value and to become the most relevant university in the country."

Students, faculty, staff, alumni and distinguished guests gathered

for Hartzell's inauguration and installation ceremony, which began with delegate and SMU faculty processions. Students from the Meadows Wind Ensemble played Festive Overture by Dmitri Shostakovich and "Varsity," the SMU song.

Will Leathers '26, SMU student body president who presented Hartzell with the Howard Lantern during the

ceremony, said there has been immense excitement and buzz on campus about the momentum building at the University.

"Now, as we have entered his first month on the Hilltop, students are talking with excitement about the new changes that have been occurring already,"

SMU cont'd on page 8

## LOCAL SURVIVOR

### Dallas woman fights against ovarian cancer

By David Mullen  
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As she reached her 30s, Atlanta-area native Jessie Tate hadn't anticipated another life-changing event past a marriage in 2020. The couple had not yet started a family. But when her husband Matt had been offered a job in Dallas, her life was about to transform dramatically.

"I'd never moved in my life. When my husband was offered a job in Dallas, I said, 'I'm not going out there,'" Tate said. "Then he showed me the offer and I said, 'OK. We have to go to Texas.' I cried my eyes out." The decision was final. The Tates were relocating from Georgia to Texas.

Tate works from home as a travel specialist, so she had no office to leave or "Bon Voyage" cake to cut in the company breakroom. The Tates moved to the Knox/Henderson area in 2022.

Other than the apprehension associated with moving, Tate began to feel unwell with pains emanating from her side. "I was having these pains for about six months," Tate said. She was experiencing the same issues that anyone faces when they move to a new city. "I didn't have a primary

care physician. I didn't have an OB-GYN. I didn't have anything."

When Tate started seeing doctors about her pain, they often gave the same diagnosis. "They [doctors] said it was stress," Tate said. "For months and months, they kept telling me I was stressed. Stress, stress and more stress. Finally, I was diagnosed with diverticulitis," which is a condition where small pouches in the wall of the large intestine become inflamed or infected.

"When the doctor called me," Tate said, "I was expecting appendicitis or diverticulitis." The results of a CT scan revealed rare Stage 3 ovarian cancer.

There was an explanation for what had caused the constant side pains.

"It [cancer] had spread. It was on my appendix," Tate said. There is no screening test for ovarian cancer and the symptoms of bloating, pelvic and abdominal pain, urinary urgency, bowel changes and



Ovarian cancer survivor Jessie Tate.

back pain could easily be linked to stress. Tate's side pain was dismissed by doctors as stress-related on three

SURVIVOR cont'd on page 7

## COMMUNITY NEWS

### 'Come on in, the water's fine'



The Town of Highland Park is hosting a Poolside Weekend Celebration on Saturday, Sept. 20 and Sunday, Sept. 21 at the HP Swimming Pool at 3801 Lexington Ave. On Saturday, from 11:00 a.m. to 1 p.m., guests are invited to cool off with flavored water ice from So icy, the perfect refreshing

treat by the pool. On Sunday, from 12:30 to 2:30 p.m., enjoy a classic favorite with fresh hot dogs served poolside. Temperatures in the high 80s to low 90s are expected. — Lt. Lance Koppa

### Festival themed ¡Mundo México!

The Dallas Arboretum and Botanical Garden, at 8525 Garland Road, has reimagined its beloved autumn festival with "Autumn at the Arboretum: ¡Mundo México!," presented by Reliant, running from Saturday, Sept. 20 through Sunday, Nov. 2. This year's festival transforms more than 110,000 pumpkins, gourds and squash into an unprecedented celebration of Mexican living culture, contemporary art and cross-border biodiversity. — Anna Jordan



THE DALLAS ARBORETUM

### Rooms at this hotel are scary



DALLAS GALLERIA

The BooMont Hotel is now open at the Dallas Galleria, at 13350 Dallas Parkway, on Level 3 near the Play Place. "BOO!," the spooky hotel experience from creatives behind "SNOWDAY!," allows older children and adults to navigate through mysterious rooms and interactive spaces with plenty of photo opportunities. "BOO!" is open on weekends in September and then daily through Sunday, Nov. 2. Tickets are \$25 for 13 and up, \$15 for kids 12 and under, More at theboomont.com. — Kelly Hunter

### Gallery becomes 'Amalgamation'



TALLEY DUNN

Talley Dunn Gallery, at 5020 Tracy St., presents "Amalgamation," a solo exhibition of new photographs by Ori Gersht. Opening on Saturday, Sept. 27, an artist talk is scheduled for 2 p.m. with an opening night party from 6 to 8 p.m. In "Amalgamation," Gersht draws inspiration from a 17th-century

still-life painting by artist Hendrik Schoock. He recreated the alcove from Schoock's composition, using it as a stage for his own floral arrangements. The gallery is open Tuesdays through Saturdays. — Taylor Dunn



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NOTES FROM THE EDITOR

'Caution, flagman ahead. Column in progress'

By David Mullen  
david@katytrailweekly.com

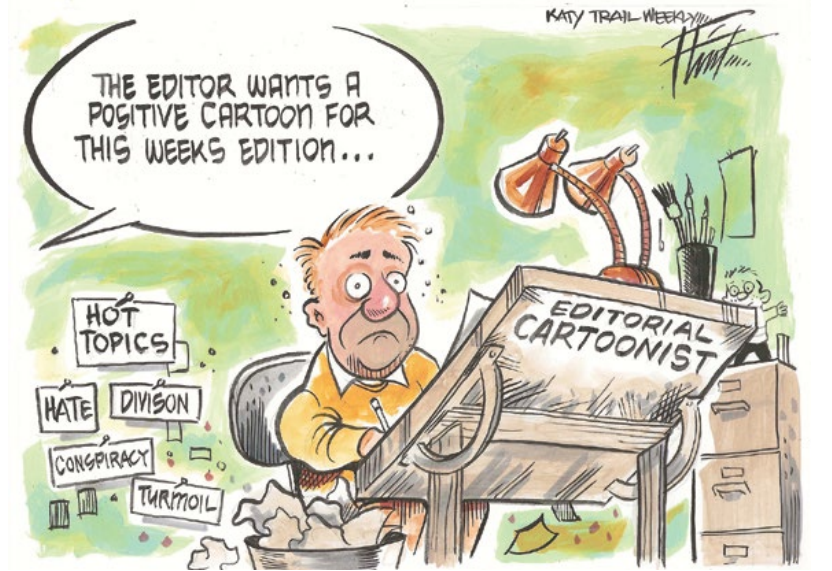
Like seemingly every road in Dallas, this column is under construction. There are six men in yellow reflective vests watching me as I write this. Please proceed with caution ... I saw a woman in a Ford Mammoth or Toyota Titanosaur or some oversized SUV parked the wrong way in an ATM drive-thru lane. She stood at the ATM, pressing buttons while her ferocious looking vehicle stared down at incoming cars. I thought, “Why doesn’t she just go inside the bank and use the ATM? There are plenty of ‘Compact Cars Only’ parking spaces in front of the bank for her behemoth to rest.” I didn’t wait to see how she navigated out of her predicament, but maybe her Range Rover Rhinoceros had an escape mode ... “Don’t it always seem to go, that you don’t know what you’ve got till it’s gone. They paved paradise and put up a parking lot.” A lyric from the classic 1971 song “Big Yellow Taxi” by Joni Mitchell came to mind as I drove by the expansive new Old Parkland project on Maple Avenue. I waxed nostalgic passing the location of the original home of Herrera’s Café (which also debuted in 1971) and — for decades — the home of the all-embracing Grapevine Bar. The old clay building, which would have been no challenge to the Big Bad Wolf, is now a memory. The building has



David Mullen

been flattened, the debris removed and the corner is a sad, lifeless field of sod. In certain circles, the building’s demise would be considered reprehensible. In Dallas, it’s considered progress. The corner now looks like a small dog park. With apologies to Mitchell, “they paved paradise and put up a barking lot.” I’ll miss that dilapidated little structure ... While apprehensive to use AI, I occasionally test its creative abilities. In capturing Stars fans coming out of 90-degree weather into the chilly AAC during preseason home hockey games, I wrote, “While the Stars skate, noses will run.” It’s not necessarily award-winning prose, but as sportswriter Dickie Dunn said in the hilarious hockey satire “Slap Shot,” “I’m trying to capture the spirit of the thing.” I entered the line into HAL 9000 to see what it would come up with. In nanoseconds, it wrote back, “As the Stars participate in skating activities, some individuals may experience nasal symptoms.” Wait, what? Skating activities? Nasal symptoms? HAL 9000 needs to understand that humans don’t talk, er, write like that, except in medical journals ... The recent

Katy 5K run was a great success. Five thousand runners participated and finished the run without melting despite the heat. As in previous years, Reverchon Park was the location of a vibrant afterparty and the humble and loveable *Katy Trail Weekly* had a booth. We were situated right next to the Michelob Ultra stand. I’d call that prime real estate. I enjoyed interfacing with our loyal readers and was also encouraged by the number of young people that — wait for it! — told me that they enjoy reading our newspaper every week. As the sun gave way to a dark night sky, I proceeded with caution to the lineup of portable toilets. I don’t think that anyone will say that they like portable toilets but I *really* don’t like portable toilets. While I’m not a certified germaphobe or claustrophobe, I am convinced that some plague is forming inside those cramped plastic walls. But the queue of contaminated cans can work in a pinch. When the door slammed, the inside of the short-term loo became pitch black. Being in total darkness must have rattled my brain. I forgot that I have a flashlight on my cell phone. Anyway, fumbling with my fly, the button on my shorts shot through the floor with the force of an atomic particle in a supercollider. I



William "Bubba" Flint — Special Contributor

couldn’t find it even if I could see it. How am I going to keep my pants up? I had forgotten my sewing kit. I tied my belt like a tourniquet and returned to greet the

masses. I apologize to anyone if I didn’t stand up to receive them. Kudos to Friends of the Katy Trail for another excellent event ... RIP Robert Redford. He was one of my favorite actors. Despite his Hollywood good looks, Redford displayed a modesty rarely found in La La Land. He championed independent filmmaking, preferring to make films rather than acting in them. While everyone is familiar with “Butch Cassidy and the Sundance Kid” and “The Sting,” I invite you to appreciate Redford’s leading man charm in lesser films like “The Candidate” or “Brubaker.” I’m sure that they are still available on Betamax or laser disc. Redford died in his sleep on his Utah ranch on September 16. He was 89.

Support local news.



KATY TRAIL WEEKLY

PROBLEM SOLVED

StubHub sent fan to penalty box

By Christopher Elliott  
chris@elliott.org

*Angelica Niklowitz got a recurring error when she tried to access the hockey game tickets she bought through StubHub. Could she get a refund for the replacement tickets she had to buy?*

**Q:** I bought San Jose Sharks tickets through StubHub for \$375 but couldn’t access them because of a recurring error. StubHub blamed Ticketmaster, and vice versa. I had to buy last — minute tickets directly from Ticketmaster to avoid missing the game. A representative promised an email with replacement tickets or a refund, but it never arrived.

Despite multiple calls and emails, StubHub refuses to refund me, citing a policy that requires same-day calls. But their team assured me the email would resolve everything! Now I’m out \$375 and stuck in endless loops with unhelpful agents who refuse to escalate my case. What can I do? — *Angelica Niklowitz, San Jose*

**A:** If you couldn’t use your tickets on game day, StubHub should have either helped you get replacement tickets or refunded them.

StubHub’s FanProtect Guarantee promises buyers will receive valid tickets on time “or your money back.” By failing to follow through, StubHub breached its policy — and potentially consumer protection laws requiring companies to fulfill paid orders.

In reviewing your problem, I can see what went wrong. You tried to access your Sharks tickets well in advance of the game, but received an error message on your app. You let StubHub know about the problem through a message on its app, but no one helped you. Finally, you

reached out to StubHub on the day of the game, but still you received no tickets.

You did the right thing documenting every interaction. Always keep emails, screenshots and notes from calls. Writing is more effective than calling because you generate a paper trail. Although you say you reached out to StubHub on the day of the game, it apparently had no record of the transaction. And the company told you it has a policy of not addressing problems like yours unless you contact it within 24 hours. (This policy isn’t stated in its FanProtect Guarantee.)

But maybe next time, escalate sooner: StubHub’s executives can override rigid policies. I publish the names, numbers and email addresses of the top StubHub executives on my consumer advocacy site, [elliott.org](mailto:elliott.org).

Eventually, you tried to email one of the executives, but your message bounced back. Having a valid email address where customers can reach you is essential to good customer service. My research team works hard to keep the email addresses up to date, but executives keep changing their addresses to avoid having to deal with unhappy customers. StubHub has so many consumer complaints that it’s currently on our Red List.

I contacted StubHub on your behalf. A spokesperson acknowledged the “breakdown in communication” and admitted you should have received immediate assistance. StubHub issued a full refund plus \$187 in credit — a rare but welcome resolution.

*Christopher Elliott is the founder of Elliott Advocacy, a nonprofit organization that helps consumers solve their problems. Email him at [chris@elliott.org](mailto:chris@elliott.org) or get help by contacting him on his site.*



Christopher Elliott

KATY TRAIL WEEKLY'S CRIME WATCH

Sept. 11 – 2:44 p.m.  
4500 Block, **Rusk Ave.** (75204)  
Burglary of a Habitation: An unknown suspect went into the complainant’s open garage and stole property.

Sept. 11 – 4:21 p.m.  
2700 Block, **Gaston Ave.** (75226)  
Theft from Person: An unknown suspect stole property from the complainant’s pocket.

Sept. 11 – 4:40 p.m.  
4200 Block, **Maple Ave.** (75219)  
Robbery of an Individual: The suspect assaulted the complainant and stole a phone.

Sept. 12 – 5:31 a.m.  
2900 Block, **Oak Lawn Ave.** (75219)  
Criminal Mischief: An unknown suspect shattered a back window of the complainant’s vehicle.

Sept. 12 – 4:04 p.m.  
2100 Block, **Bennett Ave.** (75206)  
Motor Vehicle Theft: An unknown suspect stole the complainant’s vehicle.

Sept. 13 – 6:05 a.m.  
1700 Block, **McKinney Ave.** (75202)  
Burglary of a Building: An unknown suspect used a hammer to open a secured mailroom.

Sept. 13 – 8:16 p.m.  
4200 Block, **Holland Ave.** (75219)  
Burglary of a Habitation: An

unknown suspect entered the complainant’s garage and stole property.

Sept. 14 – 9:05 a.m.  
1000 Block, **S. Harwood St.** (75201)  
Aggravated Assault w/a Deadly Weapon: An unknown suspect cut the complainant multiple times causing pain and injury.

Sept. 14 – 12:34 p.m.  
2700 Block, **Cedar Springs Rd.** (75204)  
Burglary of a Building: An unknown suspect forced entry into the unit and rummaged through property.

Sept. 14 – 4:02 p.m.  
1900 Block, **Elm St.** (75201)  
Theft from Person: An unknown suspect stole money from the complainant.

DOCTOR'S ORDERS

Are peptide injections hot or hype?

By Dr. Bruce Hermann  
[bfhermann@gmail.com](mailto:bfhermann@gmail.com)

New medical treatments come out so frequently that even doctors struggle to keep up. For patients, the flood of new options can feel overwhelming. One of my goals in the media is to educate people so they can make informed health decisions. Recently, one rising trend has been peptide injections, touted by celebrities like Gwyneth Paltrow and Sylvester Stallone and podcasters like Joe Rogan.

**What are peptide injections?** Peptides are short chains of amino acids, the building blocks of proteins. In the body they function as signaling molecules, telling specific cells to perform an action. This function can be extremely useful when peptides are used as a medication, as they have been for many years. Two of the more well-known peptide injection medications are insulin and semaglutide (Ozempic).

But there is a very important distinction between the mainstream medication peptides and the ones you may have heard about on social media. These medications are FDA-approved; they have gone through rigorous human clinical trials to ensure they work as intended, with proven benefits and a well-understood safety profile. They are also regulated in production to ensure there are no issues with potential contaminants. This contrasts with the so-called “experimental” peptide injections.

**What are the experimental peptide injections?** These peptides are not FDA-approved and lack large, well-designed human trials. Many are compounded by pharmacies or sold online, often without strict oversight. Examples include: GHK-Cu (Copper Peptide), BPC-157 (Body Protection Compound), Ipamorelin, CJC-1295, and Sermorelin.

These peptide injections have gained

increased popularity and exposure in recent years, being touted by celebrities, social media influencers, wellness clinics, medical spas and some healthcare providers. They boast claims of increased collagen, increased blood vessel growth, decreased inflammation, improved wound healing, fat loss, improved sleep, anti-aging properties, increased muscle mass, improved skin thickness and improved cognition.

**How are the experimental peptides being used?** The uses are wide-ranging, but they generally fall into three broad categories.

- **Joint and Tissue Repair:** peptide injections to promote the healing of tendons, ligaments, cartilage, and joints, while reducing inflammation.
- **Workout, Muscle, and Recovery:** used to increase growth hormone, enhance lean muscle mass, improve fat loss, and speed workout recovery.
- **Aesthetics and Anti-Aging:** injections used for skin tightening, collagen and hair growth, wrinkle reduction, fat loss, and overall anti-aging youthful appearance.

**What does the research say about these injectable peptides?** When it comes to the experimental versions, the evidence is limited. Injectable peptides found in wellness clinics, med-spas and “regenerative” spaces, which often claim to have research backing. However, most of the evidence comes from animal or laboratory studies. Human research is sparse, and nowhere near the level required for FDA approval. More concerning is that the lack of research doesn’t give any insight into the long-term safety profile of these injections.

**Do the peptide injections have risks?** Without question there are some risks to the use of injectable peptides. Anything that is injected into the body carries some risk of unwanted reactions or infection (though oral and topical peptides exist, they are absorbed poorly, making injections by far the most popular method of delivery). The lack of substantial research also makes the long-term risk of use a complete unknown. Finally, there is concern with quality

DOCTOR'S ORDERS cont'd on page 8

OUR MISSION

*Katy Trail Weekly* is a community-friendly newspaper designed to inform and entertain the people in many diverse demographics who live and/or work in these neighborhoods. Much like the *Katy Trail* itself, *Katy Trail Weekly* is designed to help bring together the neighborhoods of Downtown, Uptown, Cedar Springs/Oak Lawn, the Design District, the Medical District and the Park Cities, as well as others. The newspaper is placed in local businesses, and other locations, for free pick-up by their patrons. We support this publication by providing ad space to local businesses who want an effective and affordable way to reach the Katy Trail area readers we attract and serve. We welcome participation in the paper through story and picture submissions, and we hope that you will join us in making this paper the best it can be.

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MULL IT OVER

Texas Rangers ‘Little Rascals’ fight to the finish for respect

By David Mullen  
david@katytrailweekly.com

September is a busy month for local sports fans. College and pro football is in full view with hockey and basketball coming into focus. The world’s best golfers are meeting in Long Island to begin the biannual Ryder Cup. And the baseball pennant races will be decided in the final 10 games.

After a No. 1 spot atop the AP college football poll and being pegged as the team to beat in the NCAA, the Texas Longhorns lost their first game at Ohio State and have not dominated lesser teams in nonconference play. Questions are rising in Austin. Can head coach Steve Sarkisian win a big game? Is Arch Manning as good as advertised? With the crazy NIL (Name, Image, Likeness) rules still undefined, Manning is essentially a free agent at the end of this season. And every college season to come.

The SMU Mustangs have not captured the magic of 2024. Sandwiched in between an excruciating overtime home loss to Baylor are two lackluster wins against inferior football programs. But the ACC season lies ahead.

The Dallas Cowboys were one second and 64-yards away from beginning the season 0-2. But Brandon Aubrey’s stunning field goal with no time left on the clock in regulation, coupled with a 46-yard kick as overtime ended, gave the 1-1 Cowboys a seesaw 40-37 win over the 0-2 New York Giants. With three of the next four games — versus Chicago, the N.Y. Jets and Carolina — winnable, Cowboy fans will talk playoffs. But this Cowboys team is erratic, with the only constant being Aubrey’s leg.

The Dallas Mavericks and Dallas Stars are preparing for their 2025-26 seasons. Unbelievably, the Stars open the NHL preseason against the St. Louis

Blues on Saturday, Sept 20 at the AAC, where outside temperatures will be in the low 90s. Nothing like entering a half-full, ice-covered arena wearing short pants and flipflops. Sudafed or Kleenex should sponsor the Stars home preseason games. While the Stars skate, noses will run.

Off the court, the Mavericks are indoctrinating a team of new assistant coaches into head coach Jason Kidd’s system. More importantly, the Mavs must win fans back after the disastrous fallout from the Luka Doncic trade. A nearly 9 percent increase in ticket prices won’t help soften the pain. The Mavs tip off their preseason on Monday, Oct. 6.

Dallas’s Scottie Scheffler is the world’s best golfer. But can his Team U.S. playing partners prove they are the best team in the world? Team Europe, featuring Rory McIlroy, Jon Rahm, Tommy Fleetwood and other stars, is loaded. The course at Bethpage Black in Farmingdale, N.Y., home to the 45th Ryder Cup beginning on Friday, Sept. 26., is one of the most European-style American course that golfers will play all year. The advantage swings to Team Europe.

There is so much other news. After two games, former Cowboys defensive star Micah Parson has already made the Green Bay Packers into a top NFC contender. As her team wrapped up a rebuilding year and missed the playoffs, the WNBA’s 2025 No.1 overall draft choice — Dallas Wings point guard Paige Bueckers — will have time to admire her newly minted Rookie of the Year trophy awarded on September 16. And FC Dallas will need a late regular season winning streak to make the October MLS playoffs.



WHNN

Utility player Michael Helman has provided Texas with a spark.

Then there is MLB. Most division titles have been decided, with the Philadelphia Phillies, Detroit Tigers and the surprising Milwaukee Brewers earning playoff berths. Other current division leaders — the LA Dodgers and the Toronto Blue Jays — will be in the post-season barring a monumental collapse. But the AL West, home of the Texas Rangers, remains unsettled.

The Houston Astros are always at the top of the AL West and, led by record setting switch-hitting catcher Cal Raleigh, the Seattle Mariners made the division a two-team race. Injuries to star Rangers players Corey Seager, Marcus Semien, Adolis García and Nathan Eovaldi, who make up a large percentage of the Rangers payroll, occurred at once and at the worst time. The Rangers “wait until next year” refrain rang out in early August.

But then, the “Little Rascals” came to Arlington. Before one assumes that the Little Rascals are a Tarrant County Pee Wee League football team, they are a group of journeymen minor leaguers that have kept the Rangers in the playoff hunt. The players are not nicknamed Little Rascals because they resemble Spanky, Buckwheat or Alfalfa.

Credited to Team President Chris Young and embraced by some media, the Little Rascals are a group of relatively unknown, mostly young players who came up from the farm clubs on a mission. They were not about to call the season over with approximately 50 games left to play.

The Little Rascals are Cody



TIMES OF OSUNA

Outfielder Alejandro Osuna, 23, is part of the Rangers “Little Rascals.”

Freeman, Michael Helman, Alejandro Osuna, (recently injured) Sam Haggerty and Dustin Harris. They brought the Big Club an energy and win-at-all-cost attitude. They love to play baseball and are determined to win. That passion is often missing from high-priced players when the postseason seems unattainable. They seem content with spending October in Cancun. Not the Little Rascals.

Their brashness was infectious and inspired slumping players Joc Pederson and Jake Burger to break out of their early season funk. Their enthusiastic play contributed to a winning 15 of 19 games and pushed the Rangers back into a playoff contender or at least a major spoiler.

Losses to Houston on September 15 and 16 will probably keep the Rangers out of the playoffs. But the play of the Little Rascals reminded fans that baseball is a team sport and the season is a marathon, not a sprint.

The September-early October sports schedule can be daunting. But a group of Little Rascals, unsure if a major league career was even possible, kept the Rangers 2025 season relevant. Most fans did not have the Rangers late season surge on their sports calendar. Through the clutter of other sporting events, it is unclear if local sports fans even noticed.

EVERYONE IS WELCOME

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PACK YOUR BAGS

Airlines want to roll back flyer's consumer protections

By Christopher Elliott  
chris@elliott.org

Imagine this: Your flight's been delayed over and over. But when you ask a lone worker staffing the customer service counter for help, he just shrugs. There's no meal voucher, no compensation — not even an apology. Just an indifferent employee telling you to deal with it.

Or how about this: You click on an airline website to buy a ticket and it lists a too-good-to-be-true round-trip fare of \$29. But as you go through the booking process, the airline adds checked luggage charges, carry-on luggage fees, convenience charges, taxes, airport fees and fuel surcharges. Suddenly \$29 is more like \$290.

Sounds far-fetched? It could be your reality sooner than you think.

The U.S. government just jettisoned a proposed rule that would have required airlines to pay passengers up to \$775 for lengthy delays. Now, the airline industry wants to go further — much further. In a sweeping letter to the Department of Transportation, airline lobbyists have outlined their deregulatory wish list.

It reads like a passenger's nightmare.

The airlines aren't just asking for minor tweaks. They want to roll back mandatory refunds for canceled flights, a rule requiring "all-in" pricing and a requirement that families be seated together at no extra charge. If they get their way, flying could become a one-sided game where airlines hold all the cards.

**The U.S. airline industry's great deregulation push.** Before you get too excited, keep this in mind: The Department of Transportation (DOT), which regulates airlines, has promised to enforce all congressional consumer protection laws. (In Washington, Congress usually passes a law and then the DOT creates a rule,

which it enforces.) "The Department of Transportation rules that the airline lobbyists oppose include common-sense protections such as refund requirements, restrictions on junk fees, and guaranteed family seating," said Tomasz Pawliszyn, CEO of AirHelp. "Fortunately for travelers, these protections are already firmly established, as the Department of Transportation rules closely align with the refund standards Congress passed in 2024."

But Congress could easily get behind the airline industry's extreme agenda. The political winds have shifted — and consumer protections could get blown away. Currently, U.S. passengers have far fewer rights than their European counterparts. While EU travelers can claim up to \$650 for delays over three hours, Americans get nothing for domestic delays, even when airlines are at fault.

The protections U.S. air travelers have are modest and include automatic refunds for canceled flights or significant changes (if you choose not to travel); basic full-fare advertising requirements (airlines must include taxes and fees upfront); bare-bones accessibility (protections for disabled passengers) and family seating guarantees (though implementation remains murky).

But even these minimal safeguards are under assault.

**What airlines really want.** Airline lobbyists have outlined their agenda in detail. It's not just about the compensation rule — that was just the opening salvo.

Here's the airline industry's battle plan:

- Eliminate automatic refund requirements for flight changes and cancellations.



DUSTIN ELLIOTT

- Scrap fee transparency rules that force disclosure of baggage and seat fees upfront.
- Remove some accessibility protections for passengers with disabilities.
- End enforcement of family seating requirements.

Airlines also want to weaken the regulatory framework by terminating a cooperation agreement with state attorneys general on airline passenger rights and imposing a two-year statute of limitations on DOT enforcement actions.

What will they replace it with? Nothing. Airlines want to decide where and when to compensate their passengers, if they do at all. But consumer advocates say that's a bad idea.

"Carriers can't be allowed to decide for themselves who and when to compensate," warned Daria Volochniuk, chief operating officer at FlightRefunder. "Clear, universal rules are needed."

Airlines claim flying will be a better experience when it's deregulated. The question is, better for whom?

What about Europe?

New research suggests American passengers are already getting shortchanged because of lax regulation. U.S. flights were almost three times more likely to have long delays compared to European departures in 2024, according

to a recent study by AirHelp. Same-day cancellations were also more common in the States.

Pawliszyn, AirHelp's CEO, said strong consumer regulations in Europe have directly led to a 5 percent reduction in delays. The cost of those protections? Between 60 cents and \$1.20 cents per passenger.

Yes, one dollar.

U.S. airlines claim European-style compensation would raise fares and hurt competition. But Europe's airline market remains fiercely competitive, with budget carriers thriving under the current compensation system.

**What's really at stake.** If the airlines succeed, they could turn back the clock to the early 2000s. Remember when you needed a calculator to figure out how much your airline ticket would cost? Remember when you had to fight for a refund when your airline canceled your flight — the airline always wanted to give you an expiring voucher? Remember when airlines intentionally separated passengers so they would pay extra to sit together, even if it was a family with young children?

"If regulations are removed, consumers will face many more surprise charges on travel purchases such as list prices for checked bags and seat assignments, and less protection against refundable purchases," warns attorney Christopher Migliaccio, who frequently handles airline disputes for his clients.

**Now what?** What will actually happen? The U.S. government has shown it's willing to roll back regulations across multiple industries.

My prediction: The airlines will get some of what they want,

but not everything. The automatic refund rule will likely survive — it's popular and has bipartisan support. But fee transparency requirements could disappear, and the European-style compensation rule is dead on arrival.

The bigger danger is Congress. If lawmakers embrace the industry's deregulatory agenda wholesale, passenger rights could vanish faster than chicken entrees on a transcontinental flight.

The ultimate question isn't whether airlines will roll back some protections — they will. It's how far they'll push before public outrage stops them.

"The airline industry is pulling off a heist in broad daylight," said Andy Abramson, a frequent flier and communications consultant from Las Vegas. "We gave these airlines \$54 billion in bailouts, and this is how they thank us?"

What will airlines think of next? Is it possible they will someday soon be allowed to quote a "zero" fare, then add luggage fees, taxes, fuel surcharges, seat assignments, and "convenience fees"? Or even take your money without operating a flight?

Don't laugh. The industry's 93-page wish list suggests they're willing to test just how much passengers will tolerate. As I've learned in my decades of consumer advocacy, when it comes to exploiting passengers, you should never underestimate the airline industry's creativity.

Their dream is our nightmare, and it's boarding now at a gate near you.

*Christopher Elliott is an author, consumer advocate, and journalist. He founded Elliott Advocacy, a nonprofit organization that helps solve consumer problems. He publishes Elliott Confidential, a travel newsletter, and the Elliott Report, a news site about customer service. If you need help with a consumer problem, you can reach him here or email him at chris@elliott.org.*

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By Shelby Skrhak

This week, I'm stepping into Karen Eubank's shoes with a house I've actually been inside — though not in the usual reporter way. In 2022, 4606 Park Lane wasn't on the market; it was on the estate-sale circuit. Dallas treasure hunters lined up to peek inside the late Cary Maguire's home — a house that, until then, had mostly been reserved for private dinners, political donors, and high-profile guests of the oil tycoon and philanthropist.

Both George Bushes

once stepped foot inside this house, and so did I — just without the Secret Service entourage.

The Maguire estate sale was memorable for the things you don't forget: His-and-hers closets brimming with couture. Nude sculptures created by Maguire himself. Contemporary mosaics and presidential china, including three plates from Benjamin Harrison's 1892 Tressemanes & Vogt pattern.

Walking those paneled halls, I found myself picturing the rooms full — the banquet hall heavy with conversation, the conservatory



COMPASS RE TEXAS

4606 Park Lane is listed for \$28.5 million.

sparkling under glass as guests drifted in and out. What dress matched which dinner? What songs played under those vaulted ceilings? The objects begged the questions; the house suggested the answers.

Now the property is on the market for \$28.5 million. Set on roughly 3.2 acres in Old Preston Hollow, the 20,928-square-foot estate carries many of the formal elements that made it a Dallas fixture: a checkerboard-marble entry that announces the scale, a Great Room with a 23-foot ceiling, a barrel-vaulted banquet hall meant for grand hosting, and a glass-ceilinged conservatory that reads like an indoor garden room.

If the home's public rooms are theatrical, the listing's service and private

spaces are practical for luxury home buyers. The completely updated chef's kitchen is paired with a separate butler's kitchen; there's a temperature-controlled wine room and a library designed for quiet refuge. The primary wing is a private suite: a bedroom with a Jamb fireplace that opens onto a glass oval sitting room, a sculptural brass tub in the showpiece bath, a dry sauna, and a two-room dressing suite with a private glam room for couture collections.

Upstairs, accessed by grand staircase or private elevator, you'll find three other bedroom suites, a loft, and purpose-built spaces including a pilates studio. Outside, gaslit pathways, a four-car garage and a private gym round out the estate footprint.



Architecturally, the house carries the pedigree of Jack Hemphill with later additions by Overton Shelmire — bones that give the house its presence. Even without the art, the artifacts, and energy of the Maguire era, the spaces show closer to their original form than to a full-scale renovation that erases the home's past. — and that, too, is part of the story.

The property's past life matters here. This was a house that hosted notable guests and civic gatherings; the objects that circulated through it made headlines long before the listing did. Today, it sits quieter, a storied estate offered to the next owner who wants both the legacy and the latitude to make it theirs.

This stretch of Old Preston Hollow has hosted presidents, prime ministers, and some of Dallas's most

prominent names. Margaret Thatcher visited in 1993, and Gerald Ford and George Bushes — father and son — toured Maguire's private collection of presidential memorabilia. The estate was a setting for gatherings that blended politics, philanthropy, and society at the highest levels.

But if you want to imagine one more evening under those vaulted ceilings, go ahead: set the table, cue the music and try on your favorite dress. This house remembers how to host.

Faisal Halum of Compass RE Texas has listed 4606 Park Lane for \$28.5 million.

*CandysDirt.com is the only website in Dallas for the truly real estate obsessed! Named by National Association of Real Estate Editors as the BEST real estate website in the country.*

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Presented By:



Friday, October 3, 2025

6:30PM

Mix and Mingle at the Allman Family Pavilion

7:30PM

Movie Begins







Food Trucks;





# CROSSWORD PUZZLE

ACROSS

1. Facing the pitcher

6. Closely guarded areas in soccer

11. Korean-style \_\_

14. Brunch side

18. Sunday singers

19. Window parts

20. \_\_ deco

21. Alexander of "Rizzoli & Isles"

22. "There's not enough chocolate for the both of us!"

25. Up to

26. Failure

27. \_\_ firma

28. Not trans

29. Give heart to

30. "Our waiter's wearing leopard-print pants!"

34. Former NPR host Norris

37. Frosts

38. Main ideas

39. Workout reminders?

40. Opera set in Egypt

42. Viewed

43. "Stop switching lanes so aggressively!"

51. "My treat!"

52. Elderly

53. Wax-coated cheese

54. Sandwich choice

56. Spot for a pot

58. Following

60. Big batteries

62. Moody genre

65. "We could get separated in this crowd!"

69. Board alternative

70. Coco Gauff's sport

72. MeTV fare

73. German auto

75. \_\_-Cola

76. Singer Halliwell

77. Gentlemen

79. \_\_ terrier

83. "Our next flight leaves 10 minutes after we land!"

89. Nearly all

90. Bygone GM line

91. Drummer Starr

92. Portmanteau pasty

95. Swit co-star

97. Steering committee's output

99. "I've been to more enjoyable weddings!"

103. Salad slice

104. Due-in hr.

105. Gets bogged down

106. "\_\_\_ Twist, Scientist": kid-lit bestseller

109. Start

110. "It sounds like that relationship is over!"

114. Rather wee

115. Spot for the night

116. Intended

117. Standards flouted

by rebels

118. Blind port

119. TV's "Science Guy"

120. Arm bones

121. Purple flavor

DOWN

1. Low-pH stuff

2. The old you?

3. No fighter

4. Suffer

5. "Have a few samples"

6. Few and far between

7. Le \_\_: French port

8. Like some headsets

9. Keanu role

10. W-2 fig.

11. Some pediatric patients

12. Luca of "The Godfather"

13. NBA div.

14. Horse-drawn carriage

15. Insightful

16. Skins' opponents

17. Jay and Gloria's oldest grandchild on "Modern Family"

21. Leave dangling

23. Stiletto, for one

24. Latin "behold"

29. Wan

30. "\_\_\_ no easy way to say this ..."

31. Center of a historic boast

32. Declaration of ability

33. Cook dim sum, say

34. Subway spread

35. Touchscreen image

36. Fish used to fish for other fish

40. Chowd down

41. "\_\_\_ be my pleasure"

42. Trap

44. Soothes

45. Fruit that sounds unattractive

46. "All aboard!"

47. March day for a historic coup

48. Face late charges, maybe

49. Browser links

50. "\_\_\_ is cheap"

55. Tire meas.

57. Junior's junior

58. Heart parts

59. Winter bug

60. Drench

61. Meadow mouthful

62. "Yada yada" abbr.

63. Copy cats?

64. Frost's "\_\_\_ by the Pacific"

66. Awesome

67. Sage, for one

68. Raw material for some bees

71. "Hard pass"

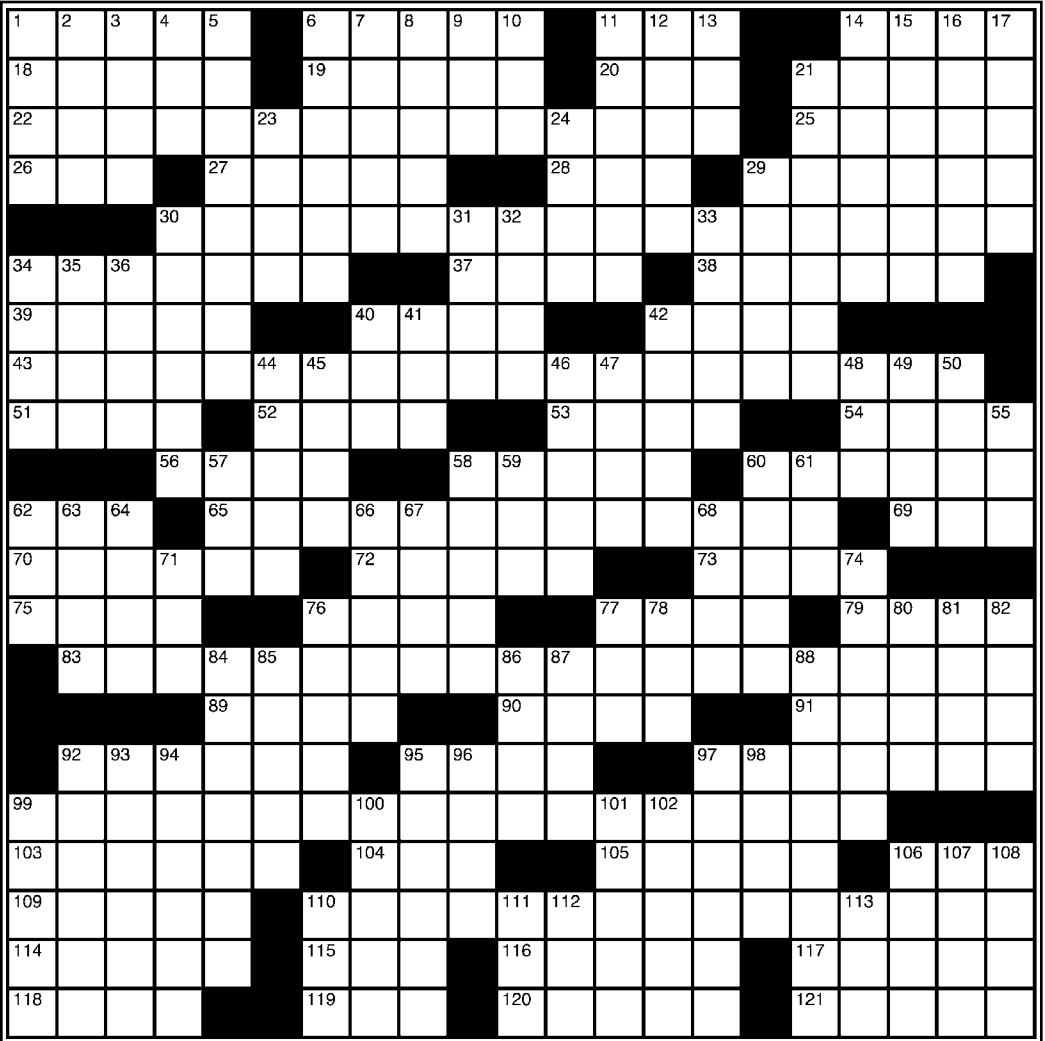
74. Self-critical remark

76. Noble deed of yore

77. Supply that might be ready to roll

78. \_\_ and outs

Solution on page 8



80. Ilk

81. Lenovo laptop whose screen bends over backward

82. Actress Mireille

84. Blanket forgiveness

85. \_\_ for: attest to

86. "Ice Age" bird
87. Family

88. Folding

92. French fashion house

93. Biblical site of long division?

94. Get one's bearings

95. Unify, in a way

96. Perjurer

97. "That's a shame"
98. Nerd (out)

99. Unlikely gaits out of the starting gate

100. Garden flower

101. Former Pakistan prime minister \_\_ Khan

102. Tuscan city that's home to the old-
- est bank in the world

106. Taj Mahal site

107. Garbage truck destination

108. Sanctuary area

110. Yang counterpart

111. Big bird

112. \_\_ canto

113. Scand. kingdom

Kakuro

By The Mephram Group

Level TOUGH

Solution

9/21/25

To solve Kakuro, you must enter a number between 1 and 9 in the empty squares. The clues are the numbers in the white circles that give the sum of the solution numbers: above the line are across clues and below the line are down clues. Thus, a clue of 3 will produce a solution of 2 and 1 and a 5 will produce 4 and 1, or 2 and 3, but, of course, which squares they go in will depend on the solution of a clue in the other direction. No digit can be repeated in a solution, so a 4 can only produce 1 and 3, never 2 and 2.

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## QUICK BITES

# Add real flavor, simplicity to meals



FAMILY FEATURES

Loaded Baked Potato.

### From Family Features

Make a smooth shift into the busy fall season with this Loaded Philly Cheesesteak Baked Potato. It takes a traditional side dish and delivers an easy meal full of flavor and nutrients from California dairy foods.

When life is busy, add this dish both kids and adults will love to your weekly

dairy foods at the grocery store.

### LOADED PHILLY CHEESESTEAK BAKED POTATO

- 4 large russet potatoes (washed)

1 cup Real California sour cream

1-2 tablespoons Real California whole milk
- meal-planning list. The real California sour cream, milk, butter and cheese offer real flavor, real protein, real simplicity and real convenience, plus they are made with sustainably sourced milk from dairy farm families. Look for the Real California Milk seal on your favorite

- 1/4 cup Real California unsalted butter (divided)

1 small green bell pepper (thinly sliced)

1/2 small yellow onion (thinly sliced)

kosher salt, to taste

freshly ground black pepper, to taste

1 pound fresh shaved sirloin steak

2 cups shredded Real California provolone cheese
- Preheat oven to 425 F and line baking sheet with aluminum foil.

Prick potatoes all over with fork. Bake for 45 minutes to 1 hour, until potatoes are tender and an inserted fork easily comes out. Split tops of potatoes open with knife and fluff potato flesh with fork. Set aside.

In small bowl, combine sour cream and milk. Add

more milk as needed, until sour cream is pourable. Set aside.

In large skillet or on grid-dle over medium-high heat, heat 1 tablespoon butter. Add peppers and onions and cook until tender for 3 to 4 minutes. Season with salt and pepper, to taste. Transfer to plate and set aside.

Clean skillet, then melt remaining butter. Add steak and cook for 3 to 4 minutes, until fully cooked and lightly browned. Season with salt and pepper, to taste. Return vegetables to skillet and toss to combine.

Evenly top each potato with 1 tablespoon butter, steak mixture and cheese. Transfer to oven and bake for 2 to 3 minutes until cheese is melted. Drizzle with sour cream and serve. Serves 4.

Find more recipes at [realfcaliforniamilk.com](http://realfcaliforniamilk.com).

## YOUR ASTROLOGY

by Magi Helena

Tribune ContentAgency ©2024

### BIRTHDAY STAR

Actor Katrina Bowden was born this week in Wyckoff, New Jersey, in 1988. She is best known for playing Flo Fulton on "The Bold and the Beautiful" and Cerie on "30 Rock." Her other television appearances include "I Am the Night" and "Dirty John." She has appeared in films such as "A Line of Fire," "The Unholy Trinity," and "A Christmas in New Hope."

### ARIES (March 21-April 19)

Stars are sliding today and through the weekend so new initiatives and first meetings are not recommended until Monday or after. Paying it forward is a great way to build a better world, put your heart into helping someone deserving.

### TAURUS (April 20-May 20)

Plans to play over the weekend will work out better if they are not sketchy or high risk—playing it safe is recommended for the next few days. Don't meet anyone new until Monday or after if you are single and dating.

### GEMINI (May 21-June 20)

Hanging out close to home is a great idea through the weekend, stars just aren't bringing great odds now for adventures, networking, or getting things

done. Don't throw down any challenges when the Universal sky isn't supportive.

### CANCER (June 21-July 22)

If something knocks you out of sorts, you should be able to return to your calm baseline. Avoid discord, especially around money now, little is likely to get fixed in any lasting way. A creative project could bring frustration for a few days.

### LEO (July 23-Aug. 22)

Artistic or musical pursuits can bring healing and peace. If a conversation starts to heat up, put a pin in it until next week when there's a better chance of working things out. Heading out early might or might not be a possibility.

### VIRGO (Aug. 23-Sept. 22)

Let your home space speak to you in whispers and bring you into peace. Shut down the noise early if you can today and don't take anything personally. Resistance to your thoughts or plans could gradually dissolve.

### LIBRA (Sept. 23-Oct. 22)

An honest answer could bring healing to a situation or at least improve understanding, but don't push if things are going south. Financial decisions should wait until next

week, your understanding could be way off.

### SCORPIO (Oct. 23-Nov. 21)

Fun with friends could be on the agenda this weekend — keep things simple and keep them safe, poor stars can make a muddle of complicated plans and safety could be compromised. Sidestep confrontations through at least Monday.

### SAGITTARIUS (Nov. 22-Dec. 21)

A nice glow-up out in the world could surprise you despite overall poor Universal stars; those closest might not be as enthusiastic right now. Avoid overthinking a relationship issue, clarity will come.

### CAPRICORN (Dec. 22-Jan. 19)

Plan your next escape if you can't break out today — or even if you can. A job well done and carefully completed could set the stage for taking personal time. A friend or friend group could feel off for a while.

### AQUARIUS (Jan. 20-Feb. 18)

Energy creates and underlies form. New energies around money are working toward creating the financial forms you seek, don't stay attached to scarcity. Learn to fall back on yourself, become your own lifelong bestie.

### PISCES (Feb. 19-March 20)

Good partnerships ebb and flow and balance out over time. Let a partner fill your cup if it feels empty today. Next time, it's your turn. Vibe with a creative outlet, stars are poor for business initiatives through Monday.

### IF TODAY IS YOUR BIRTHDAY

Share your story appropriately in the next few weeks. Look to the Universe to provide goodies both large and small to make life easier to navigate. Special insights could also help to bring you into a better place. October is a mosh pit in the Universal sky, not a month to start anything new that you want to succeed. Tame aggressive energies within yourself, don't let someone trigger you. In November there can be lots of chances to make great new connections which could change your life. If things feel right, go with an opportunity to fix something long broken which could emerge at that time. Note down intuitions that you receive. In December you should have everything you need, both the abilities and the acclaim, to do your best work. Start the new year strong, rely on yourself, and let a powerful new understanding show you the way.

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SUDOKU

Solution on page 8

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



COMPLIMENTS OF THE CHEF

Stir fry calamari eggplant with bock choy makes snappy salad

By James Rowland  
jamesrowland123@sbcglobal.net

Editor’s note: With Chef James Rowland off this week, the following is a reprint of a previous recipe.

Imaging you are taking a quick stroll through the super-market, go to the right, grab your herbs and produce and walk toward the back. You find the fish counter, point out your calamari of your choosing, pack it all up and take it home. You organize your cutting boards, start slicing and dicing, take a break and reorganize your cooking times.

When you are ready to eat, get the frying pans out, heat them up hot, start cooking and stirring. In a matter of minutes, your kitchen will jam with thrills and excitement. In another minute, you are ready to eat. That’s your cooking time trial event for the week.

STIR FRY CALAMARI-EGGPLANT SALAD WITH BABY BOK CHOY, LIME MINT VINAIGRETTE

- 2 pounds calamari steaks (cut into 1" strips) or rings and tentacles
- 1 teaspoon garlic (finely chopped)
- 1/2 each red onion (thinly sliced)
- 1 lemongrass shoot (sliced very thin)
- 1 bunch cilantro (washed, leaves



AVERY FOERSTER

Stir Fry Calamari-Eggplant Salad with Baby Bok Choy and Vinaigrette.

- picked and lightly chopped. They will be used throughout.)
- 2 ounces mint (washed, leaves picked, stacked together and julienned. They will be used throughout.)
- 2 ounces basil (washed, leaves picked, stacked together and julienned. They will be used throughout.)

Combine all ingredients (except herbs), mix well and set aside for a minimum of 2 hour to marinate. Overnight is OK, as well.

Add a generous pinch of all the herbs right before cooking. Save the remaining herbs to finish the dish. When ready to cook,

completely drain all the calamari from the marinade and spread evenly in a shallow dish or tray. Allow to sit out 15 minutes before cooking. Pour away any excess liquid before adding to hot oil.

Stir fry salad ingredients:

- 1 small eggplant (sliced 1/2" rounds, lightly salt for 15 minutes, damp dry and cut into triangles)
- 1 red pepper (sliced first top and bottom, carefully cut away the membrane, then cut into triangles)
- 1/2 red onion (thinly sliced, soak in ice water for 5 minutes then drain on paper towels)
- 2 jalapenos (thinly sliced)

- optional\*
- 6 mushrooms (thinly sliced)
- 6 cherry tomatoes (cut in half)
- 3 baby bok choy (washed and cut in large pieces)
- 4 ounces vegetable Oil
- 1 teaspoon salt (more if needed)
- Herbs from above
- 2 limes (cut in half and juiced to finish the dish)
- 6-ounce Lime Mint Vinaigrette (recipe to follow)

Lime-mint vinaigrette:

- 2 ounces fresh lime juice
- 6 ounces Bertolli Light olive oil
- 1 jalapeno (thinly sliced)
- optional\*
- 3 scallions (thinly sliced)
- 1/4 cup mint (washed, leaves picked)
- 1/4 cup cilantro (washed, leaves picked)
- 1 teaspoon salt
- 1 teaspoon honey

Combine all ingredients in a blender, puree to a smooth green consistency and adjust seasonings. Set aside until ready to use.

In a large skillet, heat half the vegetable oil on high heat. In small batches, season with salt and cook the calamari in the hot oil for 40 to 60 seconds or until the calamari firms up and curls. Remove to a heat proof dish. Wipe the pan clean and repeat the process, again with small batches until all calamari is blanched.

Next, heat 2 ounces of olive oil over high heat. When hot, add eggplant and toast on one side, shaking the pan carefully for 1 minute (do not fidget). Allow to toast well. Carefully turn the pieces when ready for another 30 seconds and add to the calamari.

Wipe the pan clean, heat oil on high next and add onions, peppers and mushrooms. Cook for 1 minute, this time stirring just enough not burn. Add the calamari.

Wipe the pan clean and finish with the rest of the bok choy and tomatoes. Add to the baking dish. When finished, evenly mix all the calamari and vegetables. Add lime juice and herbs and keep warm in a preheated 350-degree oven until ready to serve.

To arrange 4 bowls, place the bok choy and vegetables first in the bowl, then arrange the calamari and balance the portions with the remaining vegetable salad. Dress the bowls with the remaining herbs and a generous amount of mint vinaigrette. Garnish with a few drops of Siracha and serve with steamed basmati rice. Serves 4 to 6.

Chef James Rowland and wife Fana Yohannes own Carver Park (carverdfw.com) at 7557 Rambler Road at Walnut Hill Lane and 4851 LBJ Freeway. For catering information, contact Rowland at 214-363-1201.

SURVIVOR cont’d from page 1

different occasions.

After being diagnosed locally,” Tate said, “my husband said, ‘Let’s get a second opinion from MD Anderson [in Houston]. I’ve heard it’s the best treatment care for cancer in the country and in the world.’ Tate endured 10 rounds of chemotherapy and two major surgeries, including removing her ovaries and her appendix.

Often linked to heredity, Tate said, “Cancer doesn’t run in my family. It was not at the forefront of my mind. I didn’t

even consider asking my gynecologist more questions or anything.”

According to the American Cancer Society, an estimated 20,890 new cases of ovarian cancer will be diagnosed and 12,730 women will die from the disease in 2025. Ovarian cancer is the second most common gynecologic cancer and the deadliest, mainly because cases aren’t discovered until the cancer has advanced. The five-year survival rate for localized (Stage I) ovarian cancer is more than 90 percent, but it drops significantly for later stages.

“When I first got diagnosed,” Tate said,

“I thought I was going to be dead in a year. I went to a really, really, really dark place. And I said to myself, ‘I cannot be here. It’s not good for me.’”

Tate entered remission in October 2023. She still travels to MD Anderson every three months and has immunotherapy every three weeks at a local clinic. Her most recent CT scan revealed no change in her status. Today, Tate is cancer free.

September is National Ovarian Cancer Awareness Month. Tate wanted to champion the cause for early ovarian cancer screenings that can lead to early treatment. She became involved in the Be the Difference Foundation, headquartered in Northwest Dallas.

Launched in 2012, Be the Difference Foundation was formed by four ovarian cancer survivors who share the same passion to fight against ovarian cancer. Several organizations focus on early detection efforts, but very few organizations provide hope to women in the fight.

Be The Difference Foundation gives survivors hope for better treatment options, longer remissions and ultimately hope for a cure. The foundation’s mission is to create awareness and improve the lives of all people affected by ovarian cancer through education, support and research, ultimately leading to “a world without ovarian cancer.” More information can be found at bethedifferencefoundation.org.

Tate believes in the strength of local support systems and has participated in Be The Difference’s major fundraisers. She modeled in “Runway for Hope” in February and rode virtually in the “Wheel to Survive” initiative this month while on business in South Africa.

Unfortunately, her pursuit of fertility preservation that she began before her chemo treatments was unsuccessful. The results were delivered to Tate with the same

chilling effect as a chemotherapy treatment.

“When I finally went to my first chemo,” Tate said, “I got settled into my chemo chair, got my IV and I get a call from the fertility clinic. They said, ‘OK. So sorry, but none of your eggs made it. Do you have any questions?’”

Tate and her husband are hoping to adopt.

When Jessie had to have her head shaved, Matt decided to join in. But instead of getting a haircut, Matt chose to grow his hair out. “Matt said, ‘I’m going to do it with you, but we both don’t need to be bald.’ I know it sounds corny, but he’s [Matt] been an absolute angel.”

On the mend and with access to excellent treatment and a support system like Be The Difference Foundation, Tate has revised her initial feelings about moving to Texas. “I think it was divine intervention,” Tate said.



TATE FAMILY



Ovarian cancer survivor Jessie Tate with her husband Matt.

DINE AND DRINK

Breakfast arrives at hot chicken restaurant



KATHY TRAN

Since its opening in 2020, **Palmer’s**, located at 6465 E. Mockingbird Lane, has been known for Nashville hot chicken and Southern sides. Now diners can now enjoy a new weekend breakfast menu served Saturday and Sunday from 8 to 11 a.m. Specialty menu items will include Hot Chick-in-Pancake Poppers, a Hooch Omelet with Spicy Tomatoes, the Local — an egg white trifold with artichoke romesco, Hot Chix Pot Pie and Buddy’s Banana Pudding Pancakes. More details at palmersdallas.com. — *Cynthia Smoot*

Hispanic Heritage Month celebrated with flavor

**El Carlos Elegante**, at 1400 N. Riverfront Blvd., is offering “Flavors of Heritage: The Elegante Experience,” celebrating Hispanic Heritage Month. Guests can enjoy Chicken Croqueta, Grilled A5 beef, tamales and the Machete Campechano. The menu culminates with a wood-fired whole red snapper. El Carlos has also made Nosotros Tequila ts September tequila flight. The “Flavors of Heritage” menu is available now through Wednesday, Oct. 15 and is \$99 per person. — *Alison Rhoades*



EL CARLOS ELEGANTE

One-night-only bourbon dinner at Anatole



SER STEAK + SPIRITS

**SER Steak + Spirits**, at the Hilton Anatole, 2201 N. Stemmons Freeway, will showcase Texas’ first legal bourbon at its next Signature SÈR Series on Wednesday, Sept. 24, from 6 to 9 p.m. Guests will enjoy a four-course menu paired with rare Garrison Brothers selections, including Laguna Madre and exclusive single barrel expressions, plus the chance to meet Nancy Garrison herself. The evening kicks off with a strawberry-infused Manhattan. Dinner is \$175 per person at opentable.com. — *Maddie Stephens*

Pumpkin spiced latte cupcakes unwrapped

Fall has officially arrived at **SusieCakes**, at 6441 E. Mockingbird Lane, Suite 150 and 6100 Luther Lane in Preston Center, with the debut of the Pumpkin Spice Latte Cupcake. Available now through Sunday, Sept. 28, the seasonal favorite is inspired by the beloved autumn latte. The indulgent cupcake features spiced pumpkin cake topped with smooth coffee buttercream and finished with a sprinkle of cinnamon sugar. It’s a festive, scratch-made treat that captures the flavors of the season. — *Alison Rhoades*



SUSIECAKES







Katy Trail Weekly



calendar

Have a submission? Let us know what's going on in our community: [info@katytrailweekly.com](mailto:info@katytrailweekly.com)

[artandseek.org](http://artandseek.org)

Sept. 20	8017 Preston Road Dallas, 75225 <a href="http://orchestraofnewspain.org">orchestraofnewspain.org</a>	<b>Christ the King Catholic Church</b> – Orchestra of New Spain presents “Vienna + Madrid: Haydn, Mozart, Courcelle,” featuring the youthful Mozart Symphony No 29 and Haydn’s famous “Farewell” Symphony No 45 with its richly colored second movement. Well known counter tenor Nick Garza will sing arias from composer Francisco Courcelle’s opera “Achilles in Skyro.” 7:30 p.m. \$30. Students \$10.
Now-Sept. 21	14856 Preston Road Dallas, 75254 <a href="http://thetitanicexhibition.com">thetitanicexhibition.com</a>	<b>Pepper Square</b> – At “Titanic: The Exhibition,” visitors can embark on an immersive, interactive tour of the Titanic, complete with recreations of the ship’s interior and exterior. Guests can visit the dock from where the ship first set sail, explore the galleries and boiler room, take a look inside a millionaire’s suite, stroll the exterior promenade deck, and see the Grand Staircase. 10 a.m. \$29.50 and up.
Sept. 24-27	2200 Stemmons Freeway Dallas, 75207 <a href="http://chiomegachristmasmarket.org">chiomegachristmasmarket.org</a>	<b>Dallas Market Hall</b> – The 48th annual Chi Omega Christmas Market (COCM), presented by H-E-B, is one of Dallas’ most iconic and beloved holiday traditions. The COCM is a unique shopping experience offering seasonal and holiday gifts for every age and price and raises critical funds for numerous local nonprofit organizations. Times vary. General admission is \$20.
Oct. 9	1717 N. Akard St. Dallas, 75201 214-720-2020	<b>The Fairmont Dallas</b> – Dallas CASA will honor Goldman Sachs with the Jan and Judge Barefoot Sanders Champion of Children Award for its commitment to bettering the lives of Dallas children at the Champion of Children Award Dinner. All funds raised at the event benefit the child victims of abuse and neglect served by the agency’s volunteers. 6 p.m. \$500.
Oct. 12	3300 Mockingbird Lane Dallas, 75205 214-521-3111	<b>HPUMC Sanctuary</b> – The 22nd Tower Arts season kicks off with the Grammy-winning Houston Chamber Choir, bringing choral music performed at the highest level. The Choir is comprised of 24 professional singers, most of whom have studied at the top music schools and conservatories in the U.S. 5:30 to 6:30 p.m. <b>FREE!</b>
Nov. 14	555 S. Lamar St. Dallas, 75202 214-744-6664	<b>Omni Dallas Hotel</b> – Texas Women’s Foundation’s 40th Ruby Anniversary Luncheon features Christine Baranski, an Emmy, two-time Tony, Screen Actors Guild, Drama Desk and American Comedy Award winner, as its featured speaker. She is best known for her performances in “The Good Wife,” “Mamma Mia,” “The Gilded Age” and multiple theater roles. 11 a.m. to 1:30 p.m.
Now-Jan. 18, 2026	1717 N. Harwood St. Dallas, 75201 214-922-1200	<b>Dallas Museum of Art</b> – The DMA presents "Return to Infinity: Yayoi Kusama." For the first time since 2018, the DMA will install Yayoi Kusama’s “All the Eternal Love I Have for the Pumpkins,” an iteration of the artist’s iconic “Infinity Mirrored Rooms” incorporating one of the artist’s quintessential symbols, the pumpkin. 11 a.m. <b>FREE!</b> to \$20.

PHOTO OF THE WEEK

The 21st Annual Power of Prevention breakfast, hosted by Recovery Resource Council on September 5 at Howell and Dragon, exceeded the organization's fundraising goal to support its vital prevention and recovery programs. The event brought together community leaders, sponsors and advocates for an inspiring morning dedicated to promoting wellness and recovery across North Texas.

Send us a photo on social media and it may be featured here!



THOMAS GARZA PHOTOGRAPHY

THIS WEEK IN HISTORY

On September 19, 1994, the medical drama “ER” debuted on NBC. Created by Michael Crichton, “ER” starred Anthony Edwards, Sherry Stringfield, Noah Wyle and Eriq La Salle and helped launch the careers of George Clooney, Julianna Margulies and others. “ER” ran until April 2009, making it the second-longest-running primetime medical drama in TV history behind “Grey’s Anatomy.”



BRITANNICA

SCENE AROUND TOWN



**By Cynthia Smoot**  
*Society Editor Cynthia Smoot is also a freelance lifestyle and travel writer, Dallas influencer and publicist at Gangway Advertising. Send submissions to [cynthia@ohsocynthia.com](mailto:cynthia@ohsocynthia.com).*



JUNIOR LEAGUE OF DALLAS HOSTS DONOR COCKTAIL PARTY

The Junior League of Dallas (JLD) recently held its annual Donor Cocktail Party at Lounge 31 in Highland Park Village. Sponsors, donors and JLD members mingled and enjoyed cocktails and hors d'oeuvres to celebrate the success of the past year. *Photos by Anna Clare Payne.*



Amanda Essaili, Stephanie Kaye Ramirez, Melissa Jacobowski and Michelle Prudhonne-Coleman



Debbie Oates, Elizabeth Dacus, Brooke Bailey and Lauren Combest



Tandra Allen, Krystle Craycraft, Lindsay Davis and Lauren Combest



Lisa Nelson and Val Lawlor



Dr. Carine Feyten, Haleigh Jones and Dr. Rupa DeSilva



Anne Chow, Jennifer Bartkowski and Cristal Retana Lule

TEXAS WOMEN'S FOUNDATION HOSTS LEADERSHIP FORUM

Texas Women's Foundation recently hosted a powerful day of leadership, learning and inspiration honoring trailblazing women and rising young leaders. The day helped support the Foundation's mission of building #StrongWomenBetterTexas. *Photos from Texas Women's Foundation.*



Dianne Chipps Bailey, Dodee Frost Crockett, Jennifer Chandler and Alesia Coffman



Debbie Dennis and Brooke Hopkins



# FROM DALLAS ROOTS TO COLORADO PEAKS: THE BECKY FREY REAL ESTATE GROUP

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At the Becky Frey Real Estate Group, our passion for Colorado runs deep. Many of us spend our summers in the Rockies, building connections and fostering relationships with the best agents in the area. Let our love for Colorado and our extensive referral network guide you to your perfect home.



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